

## Community Supports for people with developmental disabilities

# Housing Information

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### Information for Adults

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Home is a place to express your personality and where you feel secure. Good, affordable housing can be hard to find. Adults with developmental disabilities often lack the money, support or community connections to find a place of their own.

Consider how and with whom you want to live. Some people enjoy having roommates; others prefer to live alone or to remain with families for now. There are different kinds of living arrangements you may choose. Your local ACCESS Unit has more information about this. Their phone numbers are on the back of this fact sheet.

You may need support for different parts of your home life like help with cooking, cleaning, laundry and personal care. Support may be available in a number of ways from family, friends or private providers. Some kinds of help you might need for a long time, others would last only for awhile. Sometimes the help would come to your home; sometimes you would go to where the help was offered.

One way to begin planning for the

possibility of having your own home is through the **person-centered planning** process. You can select a team of people you would want to help you work on your life goals and dreams. You would be the team leader and participate in all the planning. Ask your local Regional ACCESS Unit for more information on the **person-centered planning** process and Targeted Service Coordination.

People with developmental disabilities have the same choices in life that everybody else has in their communities. This means they have a right to a home as well as jobs and recreational pursuits.

If you want to rent a home, there is also low-cost housing (Section 8) available through one of these Idaho Public Housing Authorities offices:

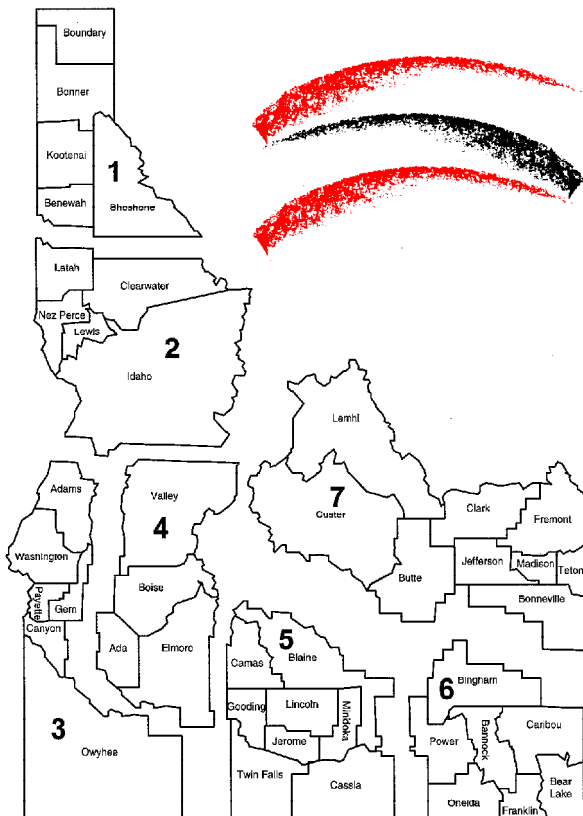
<b>Boise City/Ada County</b>	<b>(208) 345-4907</b>
<b>Pocatello City (only)</b>	<b>(208) 233-6276</b>
<b>Southwest Idaho</b>	
<b>(Regions 3, 4)</b>	<b>(208) 467-7461</b>
<b>Remaining Idaho cities</b>	<b>1-800-219-2286</b>
	<b>or</b>
	<b>(208) 331-4804</b>

There is also a Housing Information Referral Center, 1-800-438-4472, that can provide information in a housing crisis and other housing issues.

If you want to own your own home, there are several sources of information on how you may be eligible for a home of your own. The **Idaho Home of Your Own Project** has funding and information available for people who are eligible. This funding assists with down payments, closing costs, minor repairs and making the property accessible. For more information on this program contact:

**Community Partnerships**  
(208) 376-4999  
or  
**Idaho Housing and Finance Association**  
(208) 331-4882

Consumer Education workshops for the Community Supports Program may be offered in your local area through the ACCESS Unit.



### *Where can you get more information?*

If you have a developmental disability, the Developmental Disabilities Program may have services you can use. Find out what they have to offer. Call the Health and Welfare **ACCESS Unit** office nearest your home:

**Region 1**  
Coeur d'Alene (208) 769-1409  
Kellogg (208) 784-1351  
Sandpoint (208) 265-4593

**Region 2** 1-800-393-4337  
Moscow (208) 883-4529  
Lewiston (208) 799-3460  
Grangeville (208) 983-2522  
Orofino (208) 476-0743

**Region 3** 1-800-981-2302  
Caldwell (208) 454-0421

**Region 4**  
Boise (208) 334-0900  
Mountain Home (208) 587-8452

**Region 5** 1-800-432-3255  
Twin Falls (208) 736-2182  
Rupert (208) 436-5711

**Region 6** 1-800-841-7874  
Pocatello (208) 234-7900  
Blackfoot (208) 785-5826

**Region 7** 1-800-525-2232  
Idaho Falls (208) 525-7223  
St. Anthony (208) 624-3744  
Salmon (208) 756-2016  
Driggs (208) 354-8596

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